

### Camden Friends of the Earth presents "Camden up close: a treasure trail"

Take part in our unique treasure trail around Camden.

**discover** unique local shops, pubs and cafes, **explore** key sights & hidden green places, and **experience** different forms of public & active transport

The trail consists of a **route** with **directions** for people using a combination of **public transport** and walking, **walking** only or **cycling** (although cyclists will have to push their bike along certain sections of the route). Along with some **places of interest** and **facts** about those places we have included a series of **questions** to encourage you to look around you. The questions are listed throughout the trail, with the answers as footnotes at the bottom of each page.

The trail doesn't include a map – the instructions have been tested to make sure they are sufficient to avoid getting lost, but if you like to meander then we suggest you take a map with you too.

Along the way we also suggest you collect some 'treasure' namely **photos** of your trail. You can send them to us by tweeting using @camdenfoe or emailing them to <u>camdenfoe@gmail.com</u> and we'll publish them on our facebook site. You can also use both these methods to **feedback** on your journey.

The route should take around 2 ½ hours to complete, unless of course you choose to linger! Our trail ends at **Belsize Park.** From there you can get back to the start by taking the 168 bus or the northern line to Camden Town.



#### Camden Town

Your treasure hunt starts in front of Lock 17 by Camden Lock, take your time to have a look around, and then leave by turning right down Camden High Street towards the tube station. Look out for the first clue immediately after you cross the bridge.

#### Q1 Where can you catch a Jenny Wren cruise?<sup>1</sup>

Continue down Camden High Street

#### *Q2 Where is evil from?*<sup>2</sup>

## **Q3** One of the fastest growing sources of carbon emissions is hanging down above which house?<sup>3</sup>

If you don't have an oyster card we suggest you pick one up or buy a day pass for buses and the Overground as you pass Camden Town tube station. When you reach the tube station head towards the "Glazing Contractors" on "the land of the melting icesheet" Road. Cross the roads here carefully. Turn right down Bayham Street staying on the right hand side of the road.

#### Q4 When did Charles Dickens live on Bayham Street?<sup>4</sup>

Cross the road to bus stop T.

#### Q5 How many different bus routes can you take from Camden Town?<sup>5</sup>

Take bus no 168, destination Old Kent Road. This bus comes every 6 - 12 minutes. Instead of the bus, you can also walk 0.9 miles (18 mins) or cycle from here following the same route (i.e. Bayham Street, right into Crowndale Rd, left into Eversholt St, cross over Euston Rd).

Along the route, you'll pass Euston station from where you can reach the West Midlands, the North West and Scotland – for a really romantic start to a holiday why not take the Caledonian Sleeper, leaving Euston at 21.15, you can dine, sleep and wake to the Scottish Highlands arriving at Inverness at 8.31 the following morning.

<sup>&</sup>lt;sup>1</sup> Inspiral lounge, this is also a great place to sample vegan food, and in the evening listen to music

<sup>&</sup>lt;sup>2</sup> Evil from the needle – tattoo parlour

<sup>&</sup>lt;sup>3</sup> The house of leather, with an airplane above it

<sup>&</sup>lt;sup>4</sup> 1823, reference a small blue plaque

<sup>&</sup>lt;sup>5</sup> 22 – think of all the places you can visit with just one bus

#### Bloomsbury

The next stage of the trail is a 1.2-mile walk (minimum duration of 25 minutes) before you can catch a bus again.

Get off the bus at Upper Woburn Place (bus stop M) (just after crossing Euston Road). Walk down Upper Woburn Place and then turn left into Woburn Walk. Pass the little row of shops and head towards the corner of Flaxman Terrace and Burton Street. From there turn right onto Burton Street and then left onto Burton Place and right onto Cartwright Gardens (you can book to play tennis here – just ring 020 7121 7500, courts cost 5/hour) and then continue onto Marchmont Street.

Marchmont is a great local shopping street. As you pass down it watch out for:

- Lord John Russell pub
- Judd Books
- The School of Life
- Alara Wholefoods & Organic café
- Marquis Cornwallis pub

**Q6 When was Meriah Duchesne born?**<sup>6</sup> (clue: look out for the tokens given by parents to children left in the foundling hospital embedded in the pavement in front of the Brunswick Centre opposite the Marquis Cornwallis pub).

Head into the Brunswick Centre through the entrance opposite the Marquis Cornwallis. Turn right and watch out for the food stalls that set up on a Saturday, then turn left at the Giraffe past the Renoir cinema and leave the centre. Cross the road and go into Brunswick Square Gardens.

Diagonally to your left is the Foundling Museum, where you can find out more about the tokens, but we suggest you head round the park to your right.

#### Q7 Who or what lives in numbers 36, 27 & 33 in the tree?<sup>7</sup>

Head out of Brunswick Gardens (notice the popular Jubilee Walkway plaque on the floor – another great route for exploring London) down Lansdowne Terrace (watch out for the sheep who may or may not be grazing outside as you pass Coram's fields) and then left onto Guilford Street.

Cross the road and turn right down Guilford Place (leading onto Lambs Conduit Street). Walk past the Relief Fund for Romania (charity shops offer some great shopping opportunities) and look out for The People's Supermarket – this is a

<sup>&</sup>lt;sup>6</sup> August 8<sup>th</sup> 1759, inscribed on a token

<sup>&</sup>lt;sup>7</sup> Birds & bats

supermarket with a difference focusing on local sustainable food and working with the local community to deliver what they want and need. One of their values is to minimise food waste thus making split cartons and end of life fresh products into tasty cakes and meals.

**Q8 How many kgs of food have they saved this week?**<sup>8</sup> (you'll need to head into the back far corner of the shop to find the answer to this one).

Once you've popped into the supermarket, head back up to Guilford Place and turn right into Guilford Street.

**Q9** What's the link between Goodenough College and climate change?<sup>9</sup> Just opposite the college gates turn right into Doughty Mews. Wander down this beautiful little street, but keep an eye out up on the right for our next clue.

#### Q10 What latitude and longitude are referenced here?<sup>10</sup>

Follow the road round (we can recommend the Duke Pub) and then turn left up Doughty Street, past the Charles Dickens Museum and cross over Guilford Street heading towards the large tall trees situated in Mecklenburgh Square Gardens (they've been there a long time), straight ahead until you reach Heathcote Street and turn right onto Gray's Inn Road.

Carefully cross Gray's Inn Road and you come to the large red gates of the Calthorpe Project (open 12 noon until 6pm on weekends). If it's after 12, we encourage you to go in and wonder around this unexpected oasis on a busy road, if not do take the time to come back another day. This little gem of a green space has recently lost its council funding and is working hard to find a replacement. If you are able to walk round, watch out for the next clue on the beautifully decorated path floor.

#### Q11 Who designed the Tree of Life and path?<sup>11</sup>

Exit the Calthorpe Project, cross the road again and head right for bus stop HF. From here we suggest you catch the number 46 bus (every 10 - 15 minutes) towards Lancaster Gate as far as the St Pancras Old Church stop (6min). Don't worry if the bus is on detour, you can still get off at the stop you need.

Otherwise you can walk (1.0 miles, 20 minutes) up Gray's Inn Road, across the front of Kings Cross Station and St Pancras Renaissance Hotel and then up Midland Road until St Pancras Old Church).

<sup>&</sup>lt;sup>8</sup> This changes on a weekly basis – the week we wrote the treasure trail it was 92kg

<sup>&</sup>lt;sup>9</sup> This is where the steam engine was invented

<sup>&</sup>lt;sup>10</sup> North 51º 34' 24", West 000º 07' 03", on the sundial

<sup>&</sup>lt;sup>11</sup> Carol Cooper and Panels by local people

#### **Behind St Pancras**

#### Q12 How long has St Pancras Old Church been a site of worship?<sup>12</sup>

# Q13 Which literary apprentice is responsible for digging up graves and moving the grave stones under one tree when the Midland Railway wanted to build a new line?<sup>13</sup> (behind the church)

There is a puzzle trail available in the old church, but we suggest you head towards an iron gate at the back left of the garden which leads to Camley Street.

From here head right under the bridge and you soon come across Camley Street Natural Park (open from 10am - 5pm) built on the site of a railway coal yard. We suggest you take a few minutes to wander around the site, you soon forget you are in the centre of London.

After leaving the park head back up Camley Street until you reach Regents canal. Head down the steps and head right along the canal. Watch out for the coots ... or are they moorhens??? (Coots have a white beak & moorhens have a red one). Hitch a ride on a canal boat perhaps? Or just take a photo in front of one and load it up on our facebook site. **Q14 How far is little Venice?**<sup>14</sup> (another great walk). Come out of the canal at the Royal College Street exit and head right.

Walk along the pavement towards the railway bridge. Carefully cross the road and you've reached Camden Road Overground station. The Overground is generally much less crowded than the tube and connects Camden to places as diverse as Kew Gardens and Stratford.

#### Q15 How long does the overground take to Kew?<sup>15</sup>

Hop on an overground train heading towards Willsden Junction. Take your picture whilst you're waiting and send it on to us!

<sup>&</sup>lt;sup>12</sup> Since 314 AD

<sup>&</sup>lt;sup>13</sup> Thomas Hardy

<sup>&</sup>lt;sup>14</sup> 2 <sup>3</sup>⁄<sub>4</sub> miles

<sup>&</sup>lt;sup>15</sup> 35 mins

#### Hampstead/ Belsize

If you want to walk on the Heath (0.9 miles, 20 minutes), get off the train at Gospel Oak Station (5 minutes on the train). Exit the station and keep to your left along the road until you enter the Heath, and then keep left along the bottom of the Heath until you reach the cars parked on Nassington Rd. Walk up this road and then follow it downhill to Hampstead Heath station.

If you don't want the extra walk, stay on the train until Hampstead Heath Station (you can see the Heath from the train). In the station watch out for Clare Woods "Evening Hill" depicting Hampstead Pools. If it's warm you can engage in some outdoor bathing in Hampstead's pools and then return to the station.

This is the final stage of the walk (0.4 miles, 9 minutes) to the Green Fair. Head left out of the station and then turn left down South End Road. *Q16 What is the odd coloured flower shop?*<sup>16</sup>

At the White Horse (once a month the Hampstead Bookcrossing group meet here – everyone brings along 2 or 3 books they have read and swaps them for new ones) turn right up the steep Pond Street.

#### Q17 Which gym has steps on its roof?<sup>17</sup>

Opposite the Roebuck, walk up the narrow passageway before the church leading to Hampstead Green – this centuries old green space is now managed for wildlife – come back in Spring when the daffodils are flowering.

Sit on the bench for a while to catch your breath and observe.

#### Q18 How long was Dr Hopkins a Hampstead GP?<sup>18</sup>

Continue up the path to the road. Turn left down Rosslyn Hill. It's the home straight now, but before you get to Belsize take a right turn down Ornan Road and then left into the Premier Inn carpark and look right for the food growing space. Then head back to Rosslyn Hill and turn right down the hill to Belsize Park.

Congratulations – you've reached the end of the trail – do email us your photos and feedback and let us know how you got on.

<sup>&</sup>lt;sup>16</sup> The Blue Daisy

<sup>&</sup>lt;sup>17</sup> The Armoury – there's something quite ironic about people driving to the gym to exercise – the journey would have made a good workout if done with other forms of transport <sup>18</sup> 50 years